



# The Soap Method of Bible Reading

This year at Vine Church we want all our members to have a rich time with God in the Bible and prayer each day. Journalling with 'SOAP' is a great way to shape your time.

## Getting Started

- **Time and Place:** Find a quiet time and space to read your Bible, preferably at the same time each day. The morning is an option most find helpful.
- **What to Read:** You can follow a reading plan through the entire Bible or choose any book and start there. If you don't know where to start, pick a Gospel (Matthew, Mark, Luke, or John), read it all and then keep going through the New Testament.
- **Use a Journal:** You could go digital or use a paper notebook, but writing is helpful!

# 1

## Scripture

Read slowly and thoughtfully through a portion of Scripture. Pick a verse or two that struck you and write it in your journal.

# 2

## Observation

Now write some observations about the verse(s) or passage. What is this passage or verse saying? What does it teach about God? About people? What does it teach about Christ?

# 3

## Application

Now write a few sentences on how this passage applies to your life. Is there truth about God that you are to believe? Is there a promise to receive and thank God for? Is the Holy Spirit convicting you of something you need to do or stop doing in light of God's truth?

# 4

## Prayer

Now write out a prayer to God in response to this Scripture. This is a way to turn God's Word to you back to Him. Be honest and express your heart to Him. God always listens and He delights in your prayers (Ps. 34:15; Prov. 15:8).